

The Ultimate

TRAVEL PACKING PLANNER



Packing for any trip can be anxiety producing. It's hard to guess exactly what you'll need, and most people end up over packing just to avoid leaving something essential behind. Try our step-by-step packing planner to help you bring everything you need and leave everything you don't at home.

Step One GATHER INFO

Check the local weather forecast for the whole trip.

Write out your itinerary.

Gather important numbers and documents.

Plan to tuck this page in your luggage, and also leave a copy with a friend or family member at home so they will know where you should be.

Step Two BRAINSTORM YOUR PACKING LIST

Use the itinerary you made in step one to help you list everything you think you'll need.

Step Three CURATE YOUR PACKING LIST

Go through your list and look for places you've brought two (or even three) of the same thing. Do you really need two jackets? Cross out items from your master list and rewrite everything on your final packing checklist. Add other necessities to make a complete final list.

Visit [FAR.com/blog](https://www.far.com/blog) to read the "Packing Guide for Older Travelers" article.



ITINERARY

DAY 1

FORECAST °   

WHERE WE'RE STAYING:

MORNING

AFTERNOON

EVENING

DAY 2

FORECAST °   

WHERE WE'RE STAYING:

MORNING

AFTERNOON

EVENING

DAY 3

FORECAST °   

WHERE WE'RE STAYING:

MORNING

AFTERNOON

EVENING

DAY 4

FORECAST °   

WHERE WE'RE STAYING:

MORNING

AFTERNOON

EVENING

DAY 5

FORECAST °   

WHERE WE'RE STAYING:

MORNING

AFTERNOON

EVENING

DAY 6

FORECAST °   

WHERE WE'RE STAYING:

MORNING

AFTERNOON

EVENING



IMPORTANT INFO

WHERE WE'RE STAYING



DATE



DATE



DATE



EMBASSY



TRANSPORTATION

DATE

FLIGHT NO.

FROM / TO

DEPARTURE TIME/ARRIVAL TIME



PEOPLE WE'RE VISITING / IMPORTANT CONTACTS



PRESCRIPTION



1. MEDICATION

RX NO.

2.

3.

INSURANCE

TRAVEL POLICY:

HEALTH POLICY:

OTHER:

WARDROBE WORKSHEET



DAY 1

TOP

BOTTOM

SHOES

ACCESSORIES

DAY 2

TOP

BOTTOM

SHOES

ACCESSORIES

DAY 3

TOP

BOTTOM

SHOES

ACCESSORIES

DAY 4

TOP

BOTTOM

SHOES

ACCESSORIES

DAY 5

TOP

BOTTOM

SHOES

ACCESSORIES

DAY 6

TOP

BOTTOM

SHOES

ACCESSORIES

DAY 7

TOP

BOTTOM

SHOES

ACCESSORIES

DAY 8

TOP

BOTTOM

SHOES

ACCESSORIES

DAY 9

TOP

BOTTOM

SHOES

ACCESSORIES

Cut duplicate and unnecessary items. Transfer remaining items to your final packing list on the next page.

